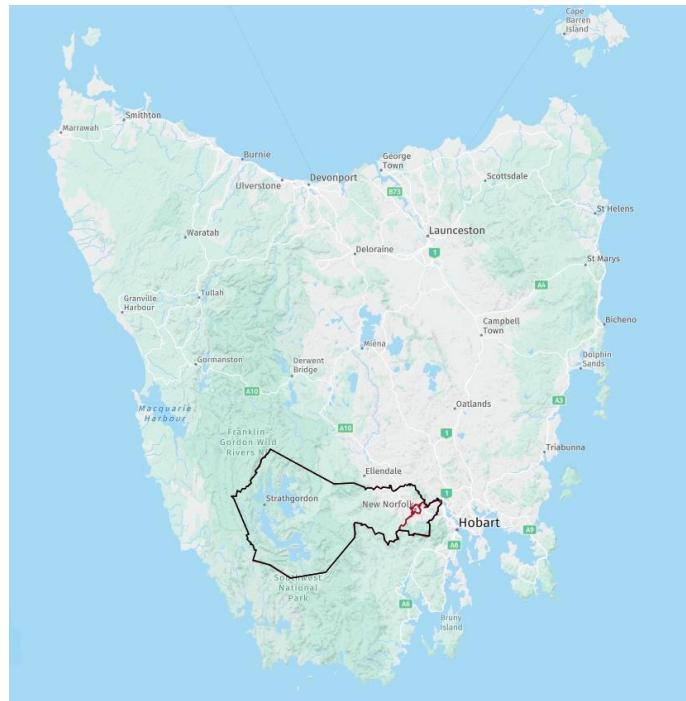


Establishing contraception and abortion services in a regional Tasmanian general practice clinic

Dr Gemma Dwyer,
Derwent Valley
Medical Centre

New Norfolk, Tasmania



Derwent Valley Medical Centre





Logistics to Set-up MTOP Provision



Training



Appointment
structure



Costs



Equipment

Training

- MS-2 Step Training
(<https://www.ms2step.com.au/>)
- Online communities (AusCAPPS, MTOP Docs Down Under)
- Professional support from local GP community (FPTAs)
- Zedu MTOP Ultrasound Course
- EMA online learning e.g. SHV or APNA courses (Managing unplanned pregnancy in primary health care)

Appointment Structure



Initial nurse triage phone call



2 or 3 appointments
depending on if we
offer ultrasound

- 1: history, bloods,
ultrasound,
counselling
- 2: consent and
prescribing
- 3: follow-up



Includes nurse time for
counselling after prescribing
appointment

Costs

- Costs of training, ultrasound machine etc.
- Costs for patients
 - clear on website
 - discussed at initial triage appointment
 - no OOP cost for follow-up
- Access to Women's Health Fund and Youth Health Fund

External Funding

Women's Health Fund

- >25 years of age
- Application and invoice can be sent on same day (filled out by provider)
- To fund LARCs and TOPs

Youth Health Fund

- <25 years of age
- Application must be approved PRIOR to service
- To fund LARCs, TOPs but also other healthcare in settings severe financial hardship
- Apply through a Youth Access Worker (patients to call The Link)

Equipment

Patient handouts and consent forms (MS-Health)

Autofills, autofills, autofills

(ultrasound machine)

Follow-up contraception provision

Ultrasound in General Practice



Training



Which machine?



Cost



LSPN/Medicare
rebate

Challenges

- Patient awareness
- Education within clinic
- Training opportunities
- Initial cost to set up
- Accessing external funding opportunities - Youth Health access workers

Filters

Abortion Services



Contraception Services



Provider type



Distance



Inclusiveness



Other Services



Dr Rachel Stanford. There are emergency appointments available for this purpose on Tuesdays and fortnightly Thursdays.

► Services

 **Derwent Valley Medical Centre**

11 Burnett Street
New Norfolk TAS 7140
Australia

6261 1399

Monday - Friday: 8:30 am-5:30 pm

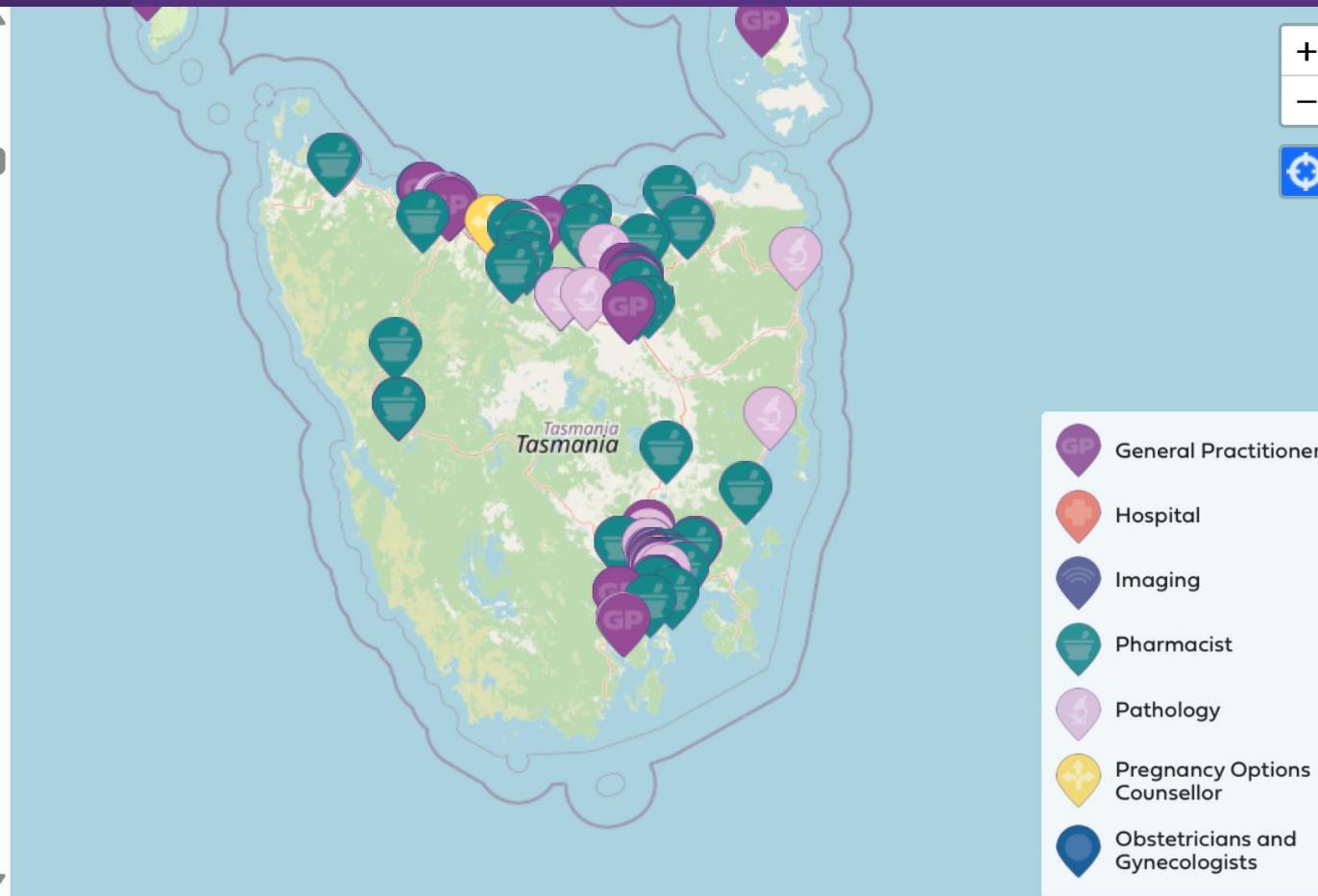
Note: Ask for Dr Gemma Dwyer, Dr Zoe Dodge or Dr Lester Pepingco.
Ask for a double appointment for medical abortion.

► Services

 **Devonport Family Medical Centre**

8 Wenvoe Street
Devonport TAS 7310

6422 6200





Derwent Valley Medical Centre
11 October 2023 · 0

One in four Australian women have had unintended pregnancies in the past 10 years. Book an appointment with Dr Gemma Dwyer today to discuss your reproductive sexual health needs.
www.derwentvalleymedicalcentre.com.au/?page_id=1656



Dr Gemma Dwyer - Derwent Valley Women's Clinic

Spreading News

- Posters in clinic
- Posters in local services – Ptunarra (CFLC), Library
- Clear website information
- Targeted social media posts, including dedicated video

What's worked well

- Support from all staff, especially owner and nursing staff
- Nurse support, including triage phone calls
- Offering a range of reproductive and sexual health services – including IUD insertions and nurse-led Implanon insertion

New Services

IUD insertions

Nurse-led Implanon procedures

Pessaries for pelvic organ prolapse

Bulk-billed youth targeted clinics

Starting IUD Services



EQUIPMENT



TRAINING



FEES



RESOURCES

Nurse-Led Implanon Procedures



ORIENT TRIAL



TRAINING



FEES



RESOURCES

Pessaries for Pelvic Organ Prolapse



EQUIPMENT



TRAINING



FEES

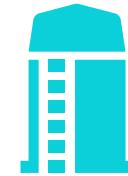


RESOURCES

Youth-Targeted Outreach clinics



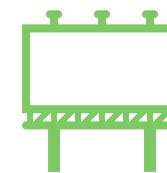
Collaboration



Structure



Fees



Advertising

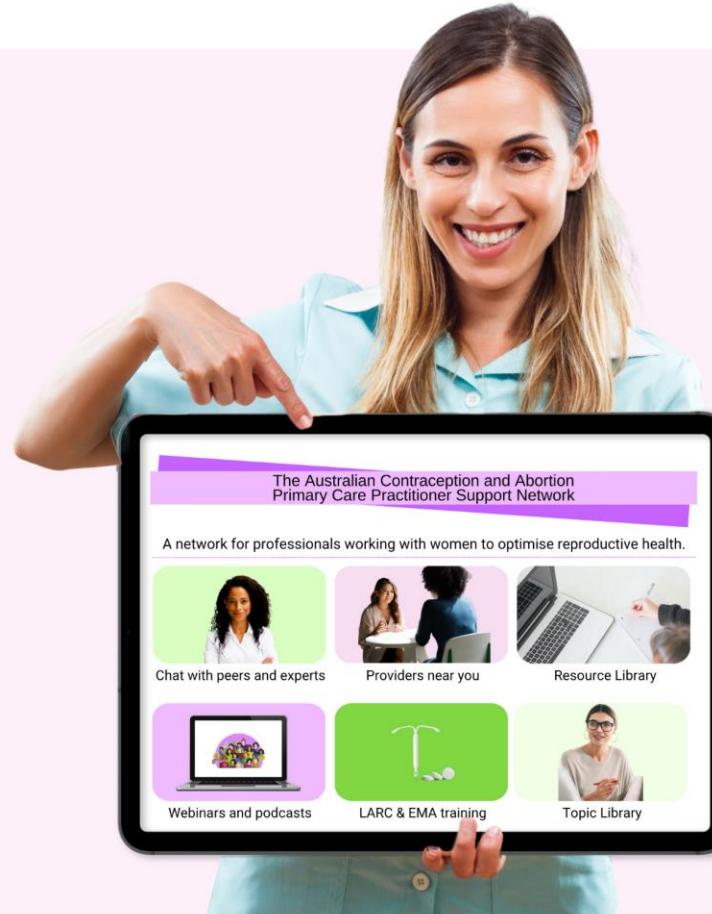
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- Image slide 2: Stu Gibson, Discover Tasmania
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- Image slide 3: Mercury Tasmania,
www.themercury.com.au/news/Tasmania/derwent-valley-doctors-plead-for-help-as-they-suffer-chronic-gp-shortage

A free online network designed to support primary care clinicians to provide **long-acting reversible contraception (LARC)** and **early medical abortion (EMA)** services.

Benefits of joining AusCAPPs

- Connect with GPs, practice nurses, nurse practitioners, midwives, Aboriginal Health Practitioners and community pharmacists who have an interest in providing LARC and/or EMA services in Australia
- Discuss case studies and chat with peers and expert clinicians
- Find providers near you and build local networks
- Get access to the latest evidence-based resources, guidelines, webinars and podcasts
- Keep up to date with education and training opportunities related to LARC and EMA



 Join AusCAPPs



Project partners

The Department of Health, Disability and Ageing is an official partner of AusCAPPs

