

Video showing the making of the mural:



Walking Together in Health and Harmony

This mural is a celebration of the interconnected relationship between health, community, and culture, anchored in the deep connection Aboriginal people have with the land and each other.

The vibrant purple swirls evoke the flowing energy of life and the dynamic nature of health within our communities. The green lines, with their overlapping and continuous motion, symbolize growth, healing, and the pathways that connect individuals to one another and to Country.

White footprints trace the journey of people walking together, reflecting the shared responsibility of nurturing physical, emotional, and spiritual well-being. The U-shapes signify individuals, reminding us of the importance of each person's unique role within the collective strength of the community. These elements lead to *kunanyi*, a place of profound cultural and spiritual significance to Tasmanian Aboriginal people.

Overlapping *kunanyi* are symbols, honouring the wisdom and resilience of our ancestors. These ancient symbols connect the past with the present, carrying forward the stories, strength, and cultural knowledge that guide us today. Together, these elements underscore the importance of connection—to Country, to community, and to the shared journey of health and well-being.

This mural is a tribute to the sacredness of place and the strength of community. It invites us to walk together in harmony, drawing on the lessons of our ancestors and the healing power of the land to create a healthier, stronger future for all.



ABOUT THE ARTIST

Grace Williams is a proud Palawa woman from Lutruwita (Tasmania), celebrated for her versatile artistry across mediums such as grey lead, charcoal, spray paint, and digital design. A self-taught artist, Grace's work is defined by depth, realism, and powerful symbolism. Beyond creating, she mentors her community through workshops with youth and elders, collaborating on mural projects and school initiatives.

