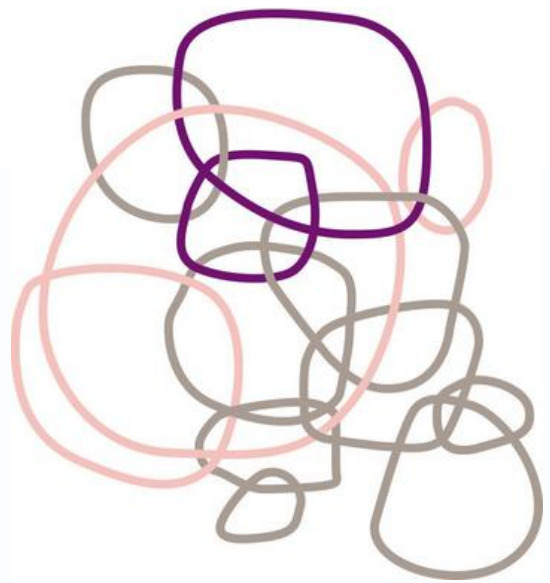


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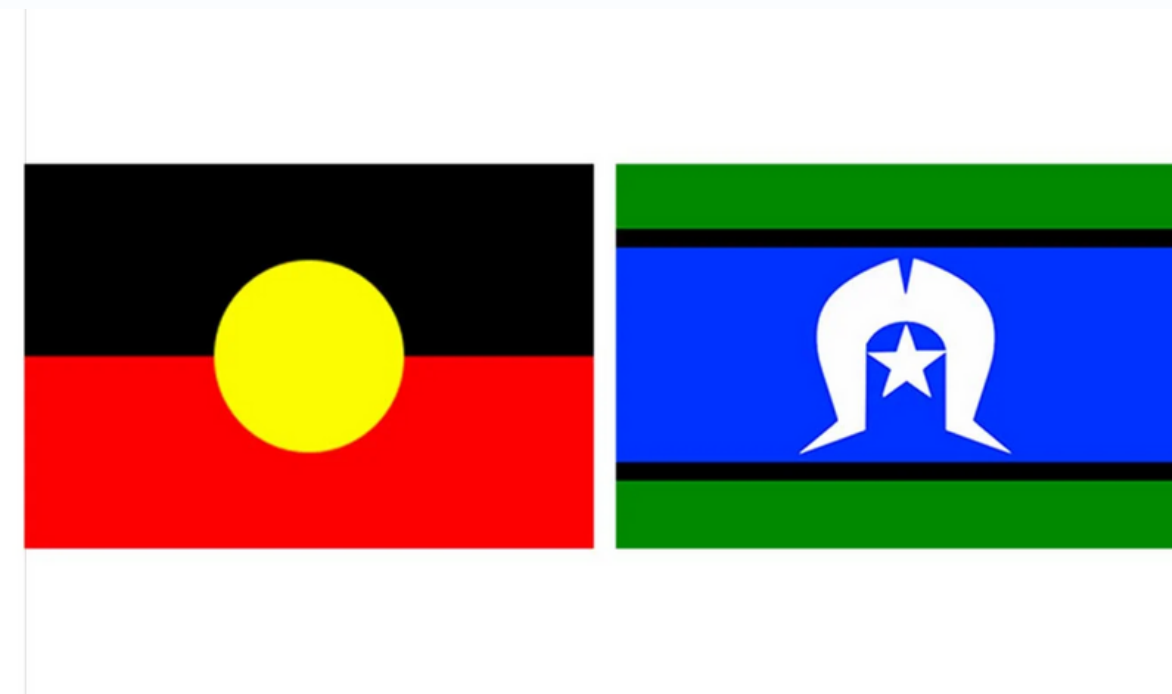
Introduction to

Family Violence

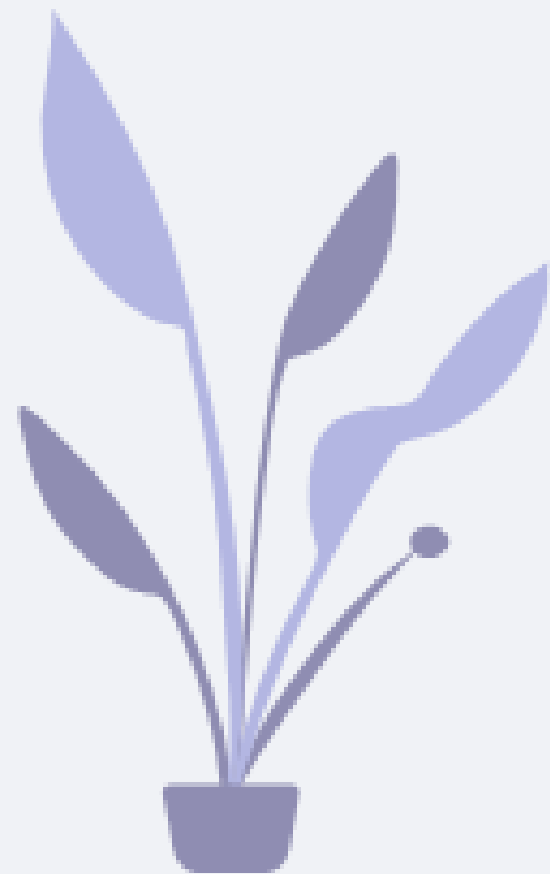
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We acknowledge and pay respect to the Tasmanian Aboriginal people as the traditional and original owners, and continuing custodians of this land on which we gather today and acknowledge Elders – past, present and emerging.



What we will cover?



1 Healthy v Unhealthy Relationships

2 What is Family Violence?

3 Red Flags

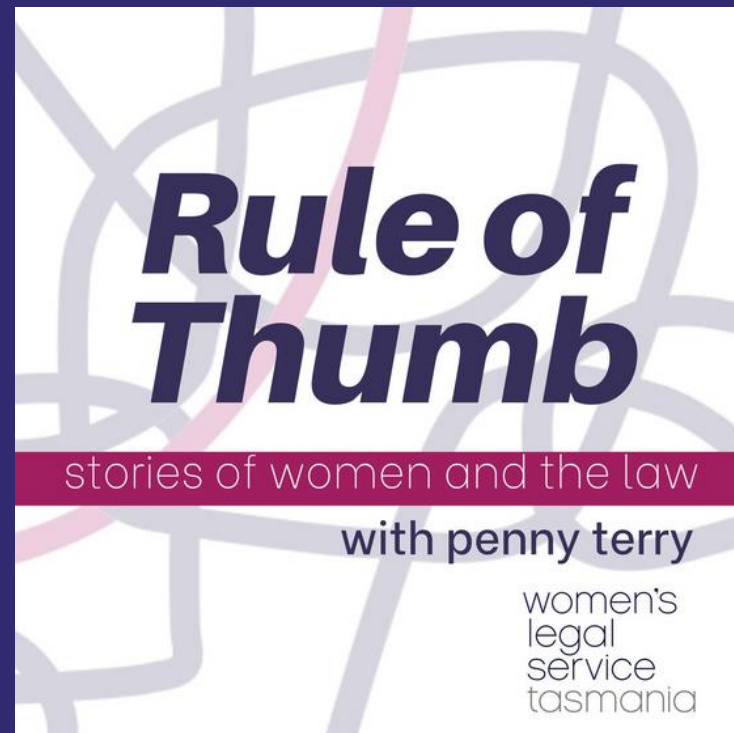
Women's Legal Service Tasmania

We are a community legal service providing information, advice and legal support to women across Tasmania.

We have offices in Hobart, Launceston and Burnie.

We also provide a free and confidential phone line for advice and referrals for any women with legal issues across the state.





Women's Legal Service Tasmania

The Rule of Thumb podcast highlights the challenges women face when they come into contact with the legal system in Australia.

The podcast features conversations from women with experience of the system, lawyers who assist and represent women, and counsellors who provide them with support.

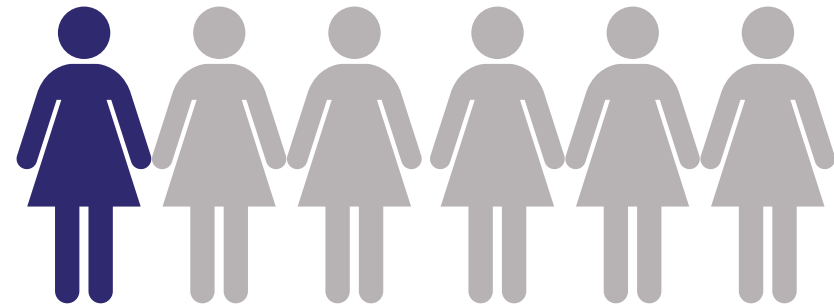
**Healthy
Relationships**

vs

**Unhealthy
Relationships**

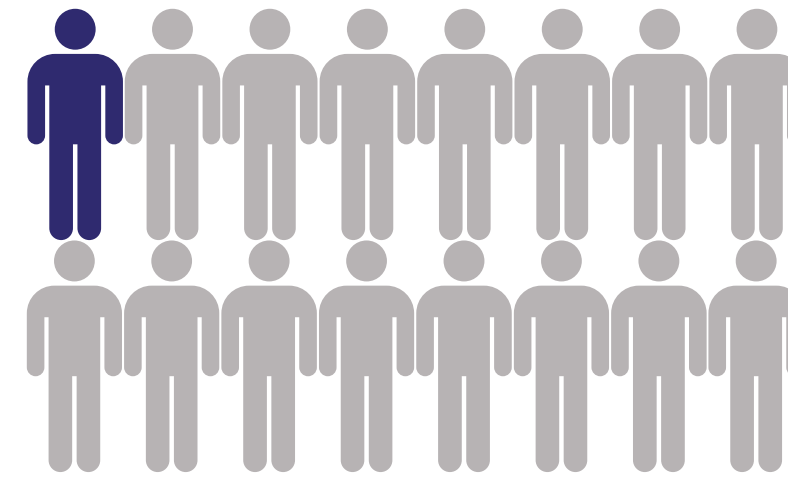


How common is FAMILY VIOLENCE?

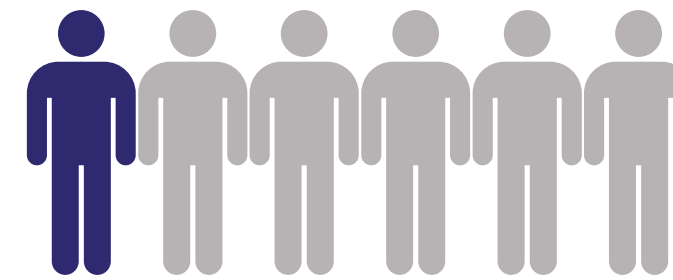


1 in 6 women

have experienced physical or sexual violence by a current or previous partner since the age of 15



1 in 16 men



1 in 6 men

Indigenous women are

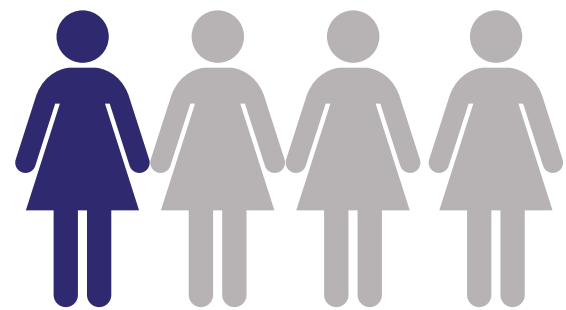
32 TIMES



as likely to be hospitalised due to family violence as non-Indigenous women



1 in 14 women



1 in 4 women

have experienced emotional abuse by a current or previous partner since the age of 15

3576



incidents of family violence were reported to Tasmania Police in 2019-20

hospitalised for physical assault BY A SPOUSE OR PARTNER were pregnant



Family Violence Act 2004

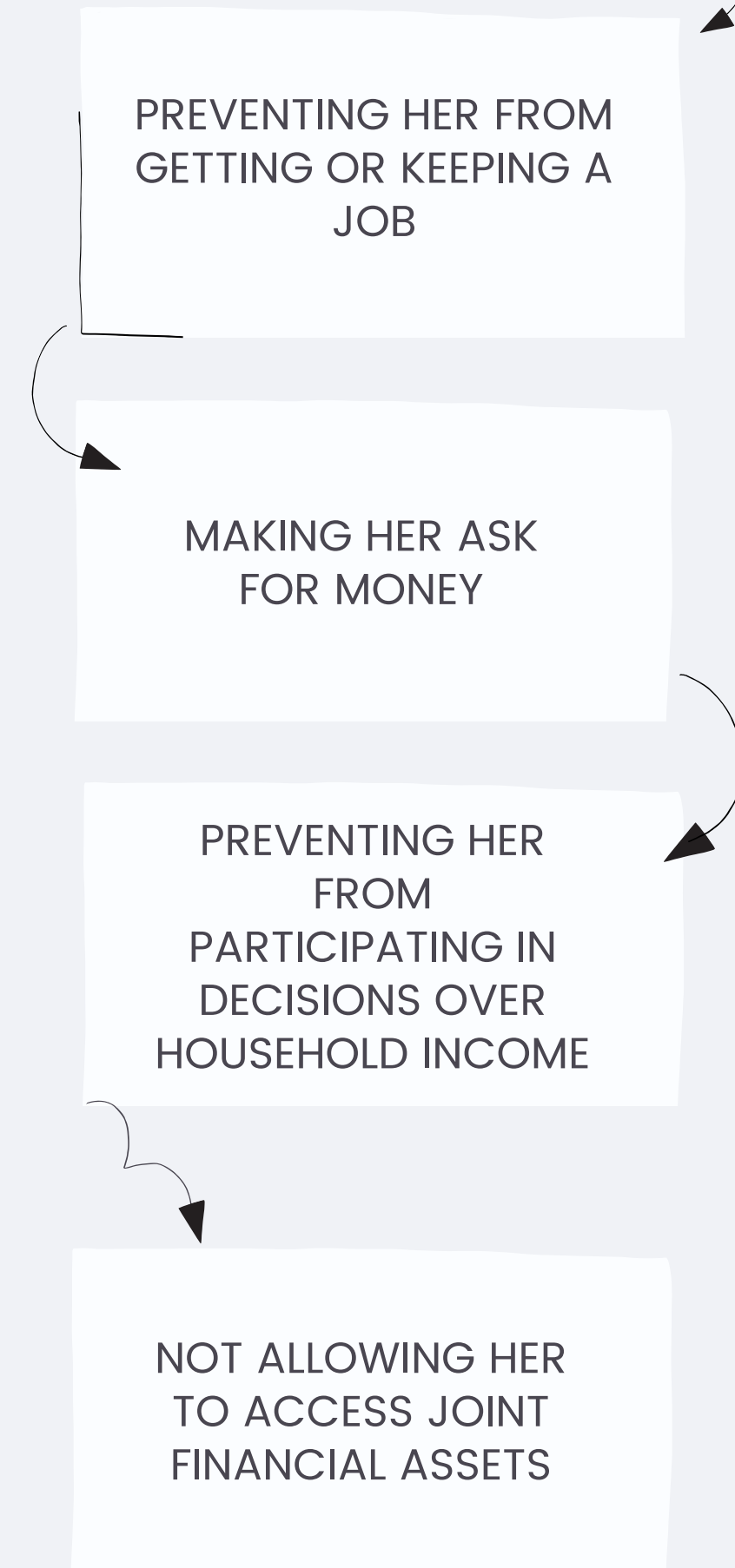


Family violence means...

- assault, including sexual assault;
- threats, coercion, intimidation or verbal abuse;
- abduction;
- stalking and bullying;
- attempting or threatening to do any of the above;
- economic abuse;
- emotional abuse or intimidation;
- contravening a PFVO or FVO;
- property damage.

Economic Abuse

WHAT IT CAN LOOK LIKE...



"He gave me an allowance ... I used to have to write out a budget to show I couldn't cope in order to get any more money"



Emotional Abuse

Controlling or intimidating, or causing mental harm, apprehension or fear

"I avoid doing things that might make him hit the roof ... because he gets so spiteful, so cruel and mean"

WHAT IT CAN LOOK LIKE...

MAKING HER THINK SHE IS CRAZY

MAKING HER FEEL BAD ABOUT HERSELF

putting her down in front of her friends
and family

MAKING HER FEEL GUILTY



Coercive Control

Ongoing pattern of use of threat, force, emotional abuse and other coercive means to unilaterally dominate a person and induce fear, submission and compliance

"He was the one in charge, it was as if he didn't think I could or even should survive without him telling me what to do"

WHAT IT CAN LOOK LIKE...

INTIMIDATION,
ISOLATION,
HUMILIATION

MICROMANAGEMENT of
her everyday life

GASLIGHTING -
MAKING HER
QUESTION HER OWN
FEELINGS, JUDGEMENTS
AND SANITY

SABOTAGING HER
RELATIONSHIP WITH
HER KIDS



High Risk Factors

<p>Controlling behaviours</p> 	<p>Escalation of violence</p>	<p>Recent separation</p> 	<p>Stalking</p> 
<p>Jealous obsessive behaviours</p>	<p>Threats to kill victim</p>	<p>Strangulation or attempts to strangle</p>	<p>Harms or threatens to harm or kill children</p>
 <p>Access to, or use of weapons</p>	<p>Perpetrator threatens or attempts to commit suicide</p>	<p>Perpetrator drug or alcohol misuse</p> 	<p>Sexual assault</p>
 <p>Threats to harm or kill pets</p>	<p>Perpetrator unemployment</p>	<p>Pregnancy/ new birth</p> 	<p>Source: domestic violence resource centre</p>

Protective Orders

- Police Family Violence Orders (PFVO)
- Family Violence Orders (FVO)
- Restraint Orders (RO)
- Bail Conditions



Red Flags



**QUESTIONS?
COMMENTS?**





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FACEBOOK



TWITTER



INSTAGRAM

Sign up for a Mentors in Violence Prevention workshop.

MVP is for everyone. We've all seen or overheard bullying, harassment or acts of violence.

MVP helps us learn how to safely prevent, interrupt or confront these behaviours.

Call Women's Health Tas 6231 3212

Workshops by:
Women's Health Tasmania
Women's Legal Service
Tasmania
Hobart Women's Shelter
Engender Equality



Stand. Act. Speak.

Help end gender based violence

Mentors in Violence
Prevention



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Advice and Referrals

Counselling

Family Violence Counselling and Support Service
1800 608 122 (Statewide)

Family Violence Response and Referral Line
1800 633 937 (Statewide)
1800 Respect 1800 737 732 (National)

Legal Advice

Women's Legal Service Tasmania
1800 682 468 (Statewide)

Tasmania Legal Aid Advice Line
1300 366 611 (Statewide)